



WORKPLACE HEALTH CHECKS

The best tool to measure and manage work-related health risks

Health monitoring will enable you to detect the affect of risks in your work environment, protect your team and effectively manage any required changes. Health monitoring is critical to meet an organisation's obligations under the HSWA (2015) to manage the risk of work-related health.

We come to your place of work and conduct a series of health screening tests designed to detect early signs and symptoms of health issues, then provide the results to you with information to help guide you in managing the risk of harm to your workers.

HEALTH CHECKS AVAILABLE:

- Audiometry (Hearing)
- Spirometry (Lung Function)
- Vision Screening
- BMI
- Cholesterol
- Blood Glucose
- CVD (Cardiovascular Disease) Risk Assessments
- Fatigue Assessments
- Grip Strength Assessment
- Range of Movement (ROM) Screening

WHAT'S INVOLVED?

Our consultant will come to your workplace and meet with each person on a one-to-one basis.

Participants will sign a consent form and our consultant will explain exactly how the information will be used. If this is the first time we have carried out health monitoring for your company, participants will be asked a few questions about existing health conditions and previous exposure to risks.

Testing results will be discussed and for results outside normal ranges referral letters will be given to participants to take to a relevant health professional for follow-up. All results are entered into our online system to monitor movement between years.

Reports will be available on Life Care Health Hub within 48 hours. Online reporting accessible 24 hours, 7 days.

**REDUCE THE RISK! BOOK WORKPLACE HEALTH CHECKS
FOR YOUR TEAM TODAY!**